



Mentor Canada

VISITING EXPERT SERIES #4: CREATING CULTURALLY RELEVANT AND RESPECTFUL MENTORING OPPORTUNITIES FOR INDIGENOUS YOUTH

A PRESENTATION BY DR. TEENA STARLIGHT

SEPTEMBER 18th, 2024





Attention mentoring program leaders!

**Your voice matters: Shape
the future of mentorship
for racialized youth.**

We're on a journey to
discover how mentorship
can empower racialized
young people (18-30) in their
careers.

And we believe your unique
perspective is key to
unlocking their potential.

**We'd love to chat with you
in a virtual interview.
Learn more:**



Questions?
Please email:
mentoringstudy1@srdc.org

Participate in Today's Visiting Expert Series!

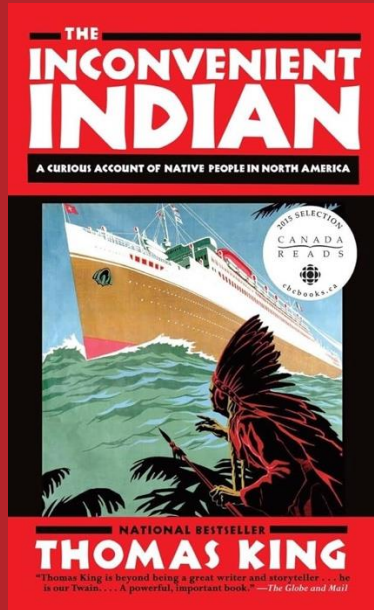
- Please **introduce yourself** in the Chat. Share your name, organization, land/territory acknowledgment, and what you're hoping to learn today!
- Don't forget to **ask your questions** in the Q&A box at the bottom of your screen!
- Today's event will be recorded and shared with all registrants.



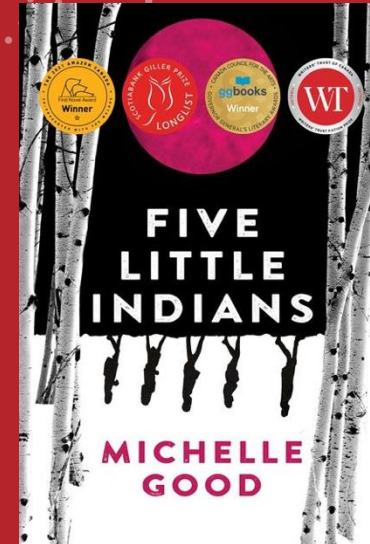


Land Acknowledgement

What I'm Reading



What I'm Listening To



National Truth &
Reconciliation Month

#EveryChildMatters #PowerOfMentoring



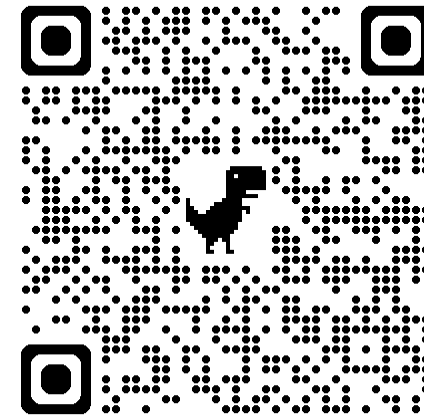
MENTOR
CANADA

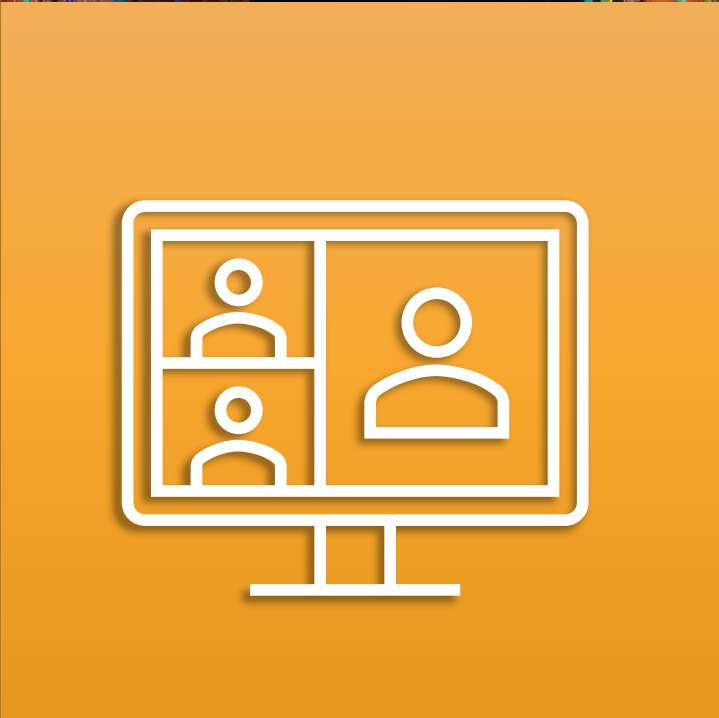


The Mentoring Effect: Indigenous Youth



MentorCanada.ca





AGENDA

1. About Mentor Canada and the Visiting Expert Series



2. Presentation by Dr. Teena Starlight

3. Q and A

4. Additional Resources and Tools



Mentor Canada

Mission and Vision: To accelerate and scale world-class mentoring in Canada



MentorCanada.ca



Technical Assistance and
Capacity-Building



QUALITY MENTORING SYSTEM



Principles of
Quality Mentoring
Self-Assessment



Community of Practice



Innovation Plan

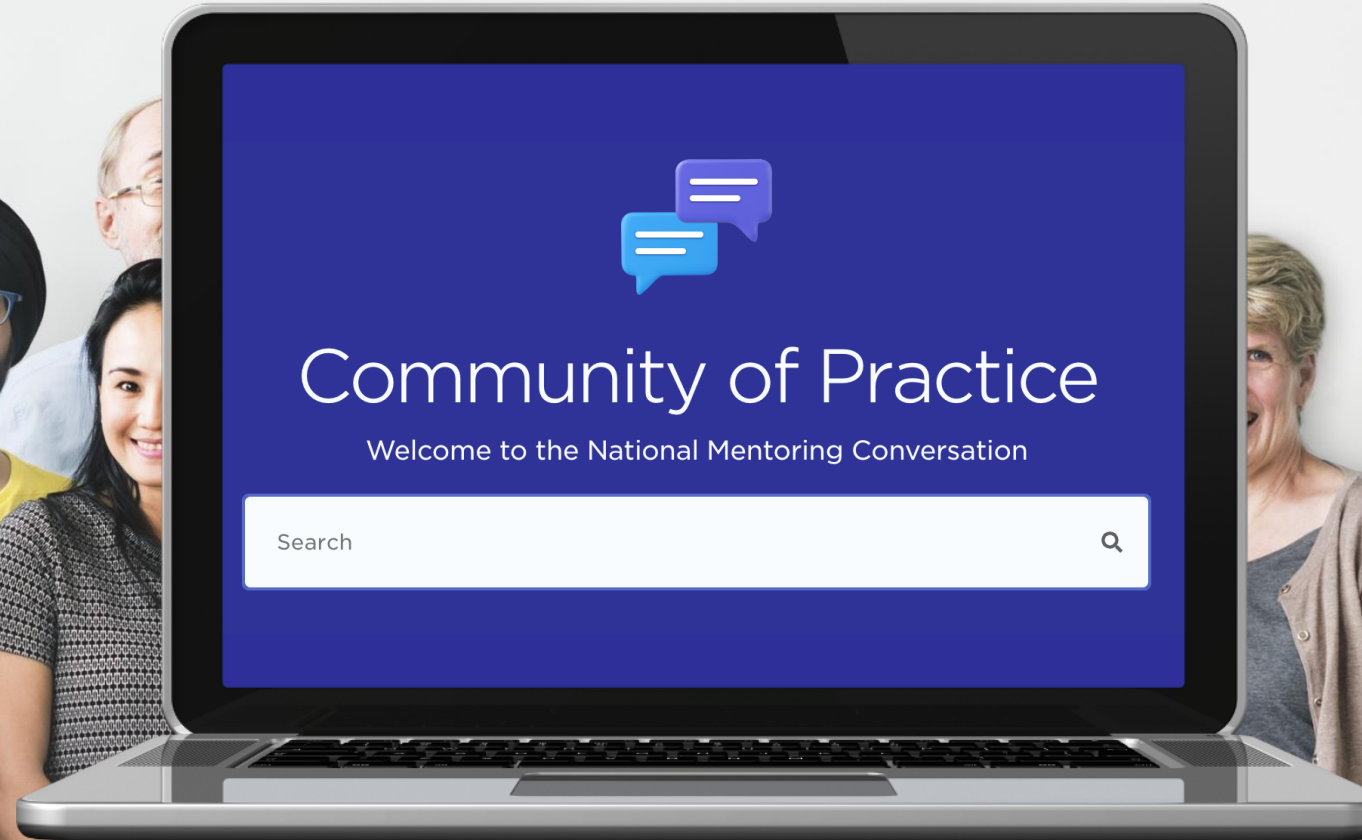




GET INVOLVED TODAY!



QualityMentoring.ca



ABOUT THE VISITING EXPERT SERIES

- Facilitated live discussions with subject-matter experts.
- Experts create tailored presentations for Mentor Canada's Community of Practice.
- Members of the Community of Practice can suggest topics and subject-matter experts.

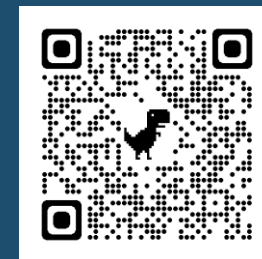


VISITING EXPERT SERIES #1:

DR. BERNADETTE SÁNCHEZ



- What is cultural humility?
- What is ethnic-racial identity?
- Cultural humility and anti-racism training
- Practical implications for Canadian mentoring programs and practitioners

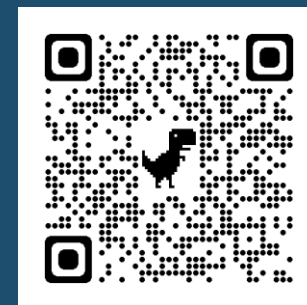


VISITING EXPERT SERIES #2

DR. MICHAEL KARCHER



- What is peer mentoring?
- What are some of the evidence-informed practices for developing and maintaining effective peer mentoring programs?
- Practical implications for Canadian mentoring practitioners

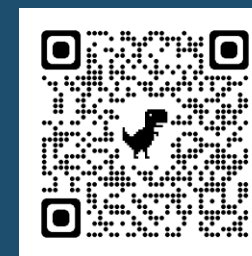


VISITING EXPERT SERIES #3

DR. CHRISTIAN RUMMELL



- Dr. Rummell has over 25 years of experience as a researcher, training and technical assistance provider, and practitioner in the youth mentoring field.
- Dr. Rummell is a leading expert on mentoring for 2SLGBTQIA+ youth.
- Co-author of the LGBTQ Youth Supplement to the Elements of Effective Practice.



VISITING EXPERT SERIES #4

DR. TEENA STARLIGHT

Mizi Ádadadló Ts'ika at'a, Danit' ada
(STRIVES TO COMPLETE GOALS BEYOND
ALL BARRIERS WOMAN)



teen@everactive.org

- Dr. Starlight is a strong advocate and leading expert on education and mentoring for Indigenous youth.
- Teena is an experienced teacher, vice principal, curriculum developer, and professor of Indigenous education.
- Dr. Starlight is the current National Director of the Indigenous Youth Mentorship Program.



Danit'ada Sizi Ádadadló Ts'ika at'a

Dr. Teena Starlight

Indigenous Youth Mentorship Program

National Director

Ever Active Schools

How is mentoring commonly defined in Indigenous communities?

"It takes a whole community to raise a child."

Guide and nurture

Multigenerational

Progressive learning

Opportunities to listen and observe

Ready to learn when they ask questions

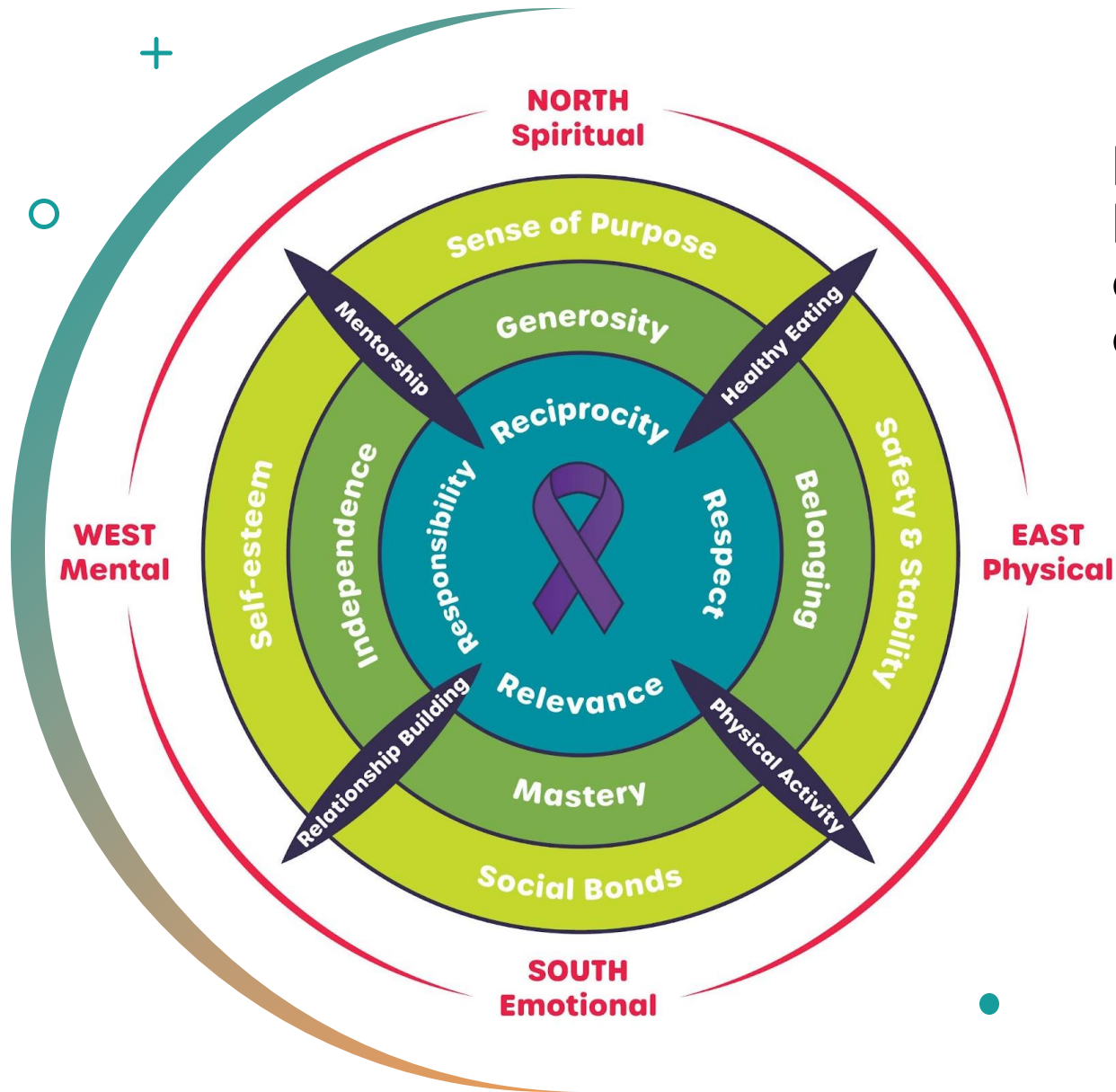
Why is mentoring important for Indigenous youth?

- Our language, stories, ceremonies, and songs are becoming obsolete
- Strong sense of Identity if you know who you are and where you come from
- Nurture their voice, feel the presence of their ancestors
- Need to see ourselves as mentors, as capable, as leaders
- Connect to the nature, language, cosmos, supernatural
- To learn not just to survive but to live

Indigenous
Youth
Mentorship
Program



Indigenous Youth Mentorship Program Website:
iym.ca



How can the Circle of Courage and Four R's help us design and implement culturally relevant and respectful opportunities for Indigenous youth?

Theoretical Frameworks

- Circle of Courage – Dr. Martin Brokenleg
- Four R's – Dr. Verna Kirkness
- Hierarchy of Needs - Maslow

Essential Conditions for Implementing IYMP

Core conditions – conditions necessary for IYMP to be implemented

- Youth Led
- School/Community Specific Autonomy
- Demonstrated Administrative Leadership
- Higher Level Support
- Dedicated Champion(s) to Engage School Community
- Community Support
- Quality And Use of Evidence
- Learning Opportunities
- Rooted in Relationships

Contextual Conditions – determine whether or not the core conditions can be achieved

- Time – dedicated time to plan, organize, deliver the program implementation. Easier to implement if you have a person from the community and invest in the community members.
- Funding and Project Support – to secure space, equipment and supplies, transportation, and food. What does the community have available.
- Readiness and Understanding – having a strong understanding of IYMP and why it is important makes it easier to run the program.

Sobierajski, F., Lévesque, L., McGavock, J. Beardy, T., Montemurro, G., IYMP National Team, Storey, K. (2022). The essential conditions needed to implement the Indigenous Youth Mentorship Program: a focused ethnography. *BMC Public Health* 22, 213. <https://doi.org/10.1186/s12889-021-12412-1>

Supporting Quality Mentoring Relationships for Indigenous Youth



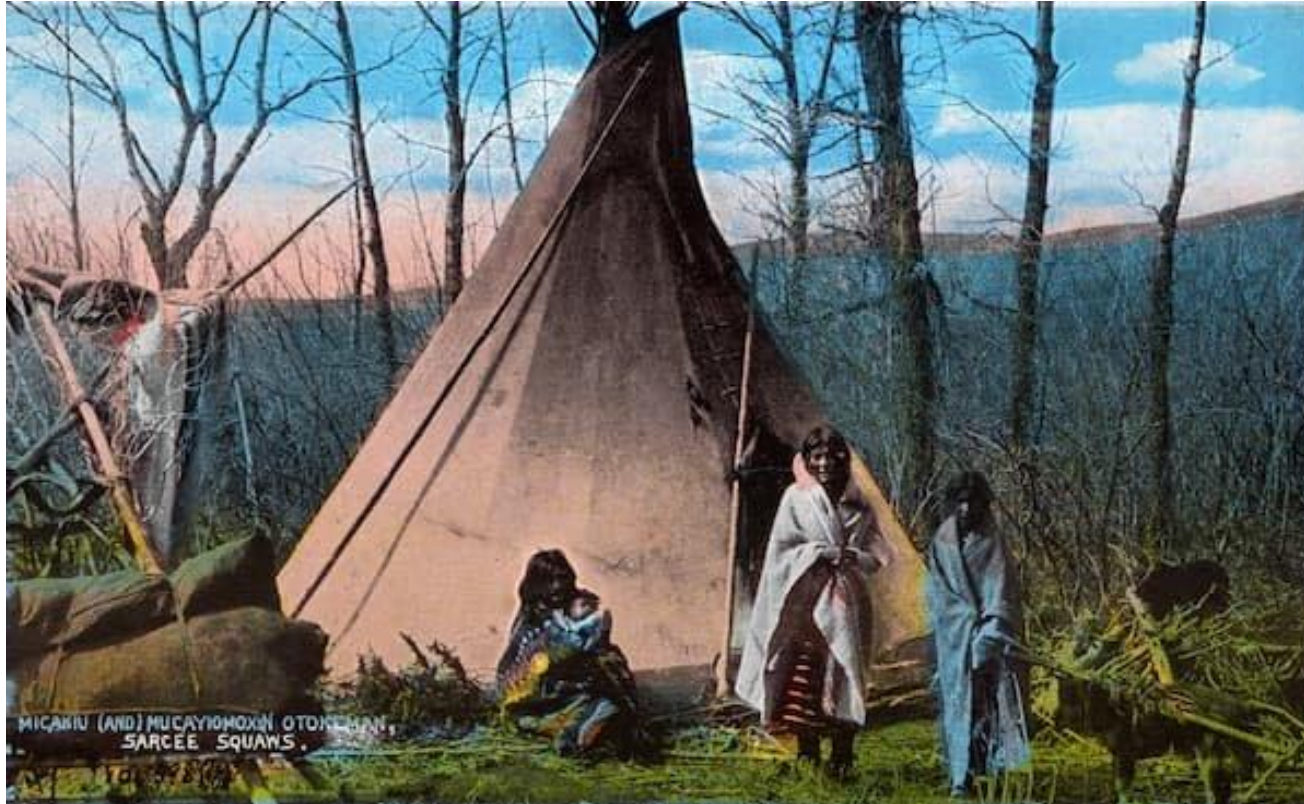


Photo courtesy of Glenbow Museum

The purpose of this study is to find ways to sustain, validate and legitimize Tsuut'ina ninisha (way of life), and restore land-based practices that are crucial for identity and survival within Tsuut'ina Nation schools.

Link to Dr. Starlight's Dissertation:

<https://prism.ucalgary.ca/items/13eb970a-4286-4e80-b2aa-51ec5e1b0980>

Key Findings

Creating Community is identity



Experiential Learning connects us to the land



Learning to Care creates responsibility



Spiritual Guidance sustains life





Conclusion

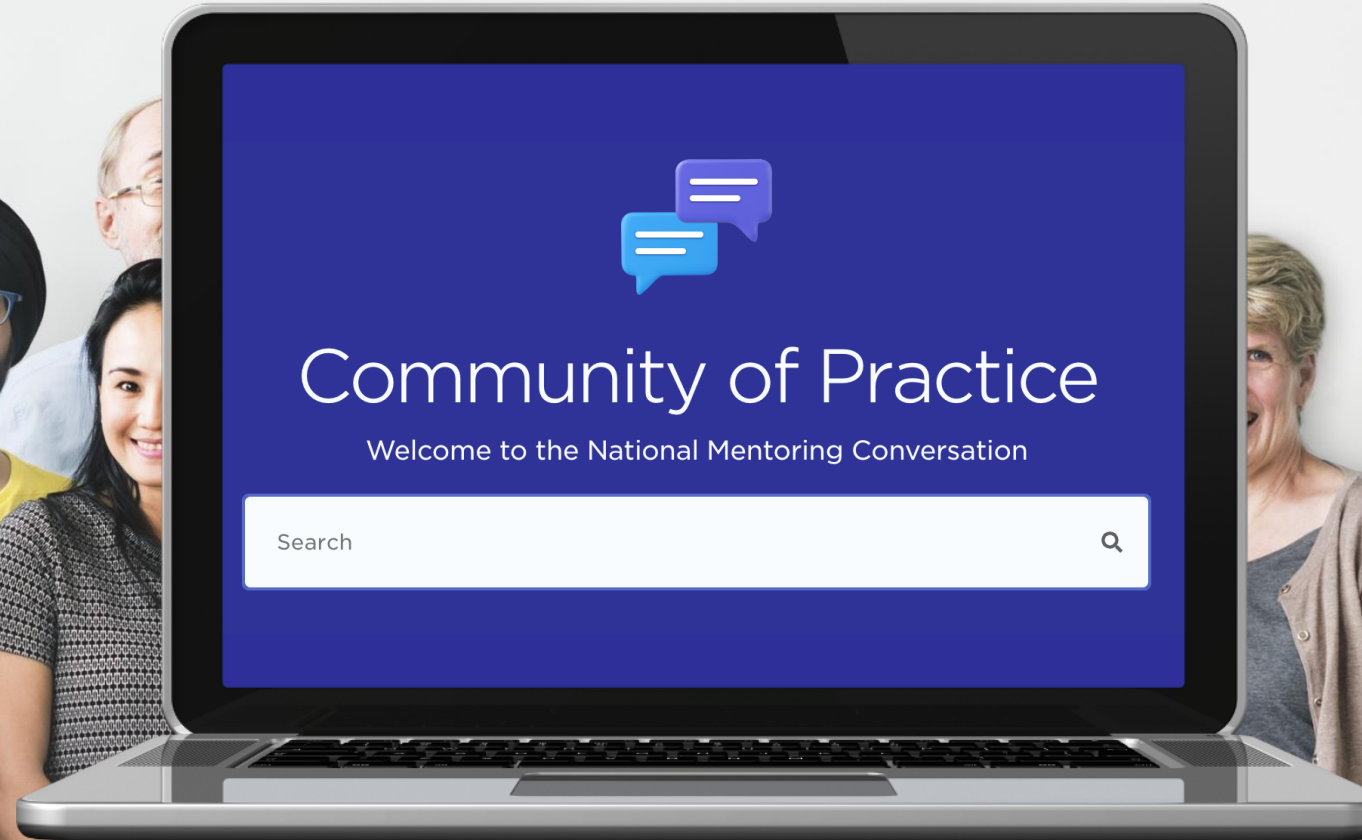
- Relationship building
- Time & space
- Learn to Listen
- Involve Elders
- Be on the land
- Invest in community



GET INVOLVED TODAY!



QualityMentoring.ca



Community of Practice

Welcome to the National Mentoring Conversation

Search



Additional Resources

Contact Us

Email us with any feedback or questions at Ben.Dantzer@mentorcanada.ca

Quality Mentoring System

Access the free resource to increase the quality of mentoring opportunities in your community at QualityMentoring.ca

Mentor Connector

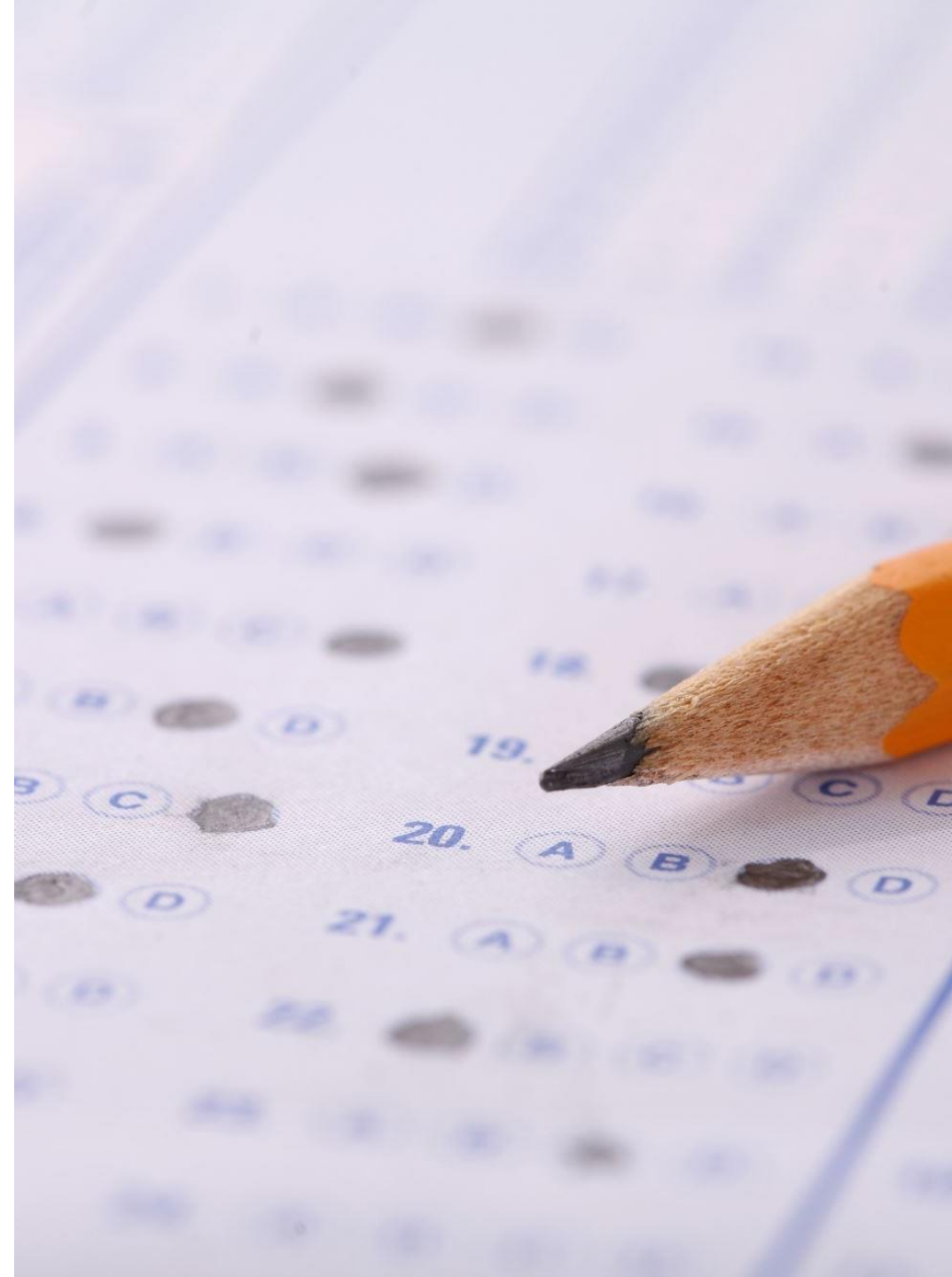
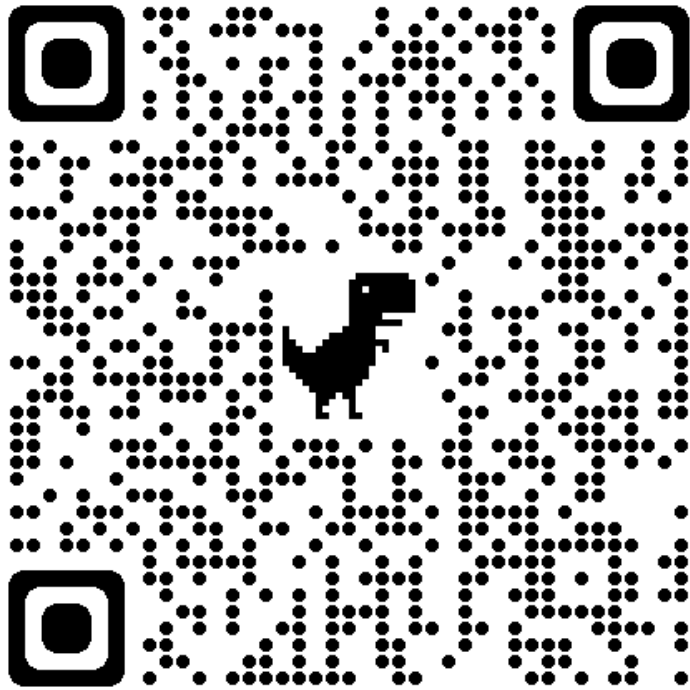
Expand your reach by listing your mentoring program for free on Canada's only national database at MentorCanada.ca

Knowledge Hub

Browse our library for Canadian-based research, data, and insights at MentorCanada.ca



Anonymous Feedback





THANK YOU!



BEN.DANTZER@MENTORCANADA.CA



QUALITYMENTORING.CA

Follow and engage with us on social media!



@mentorcanada



@mentorcanada.ca